

SCA NEW YORK

Phone: (212) 439-1123 / Email: new-york@sca-recovery.org

(NEW) www.scany.org

NEW

Stay informed of SCA NY events & updates through a new (anonymous) email list. For a quick sign-up email: scany+subscribe@googlegroups.com

SCA NATIONAL

From NYC area: (212) 606-3778

Outside NYC only: 1 (800) 977-HEAL (977-4325)

www.sca-recovery.org

SCA LITERATURE ORDERS

Send requests for SCA meeting literature to: Nicholas (917) 691-8894
SCAliterature@gmail.com

INTERIM SPONSOR PROGRAM

Sponsorship is two people helping each other work the program. It can provide a framework for a Sexual Recovery Plan and for working the Twelve Steps, as well as bring emotional support at difficult times. An 'interim' sponsor is a temporary sponsor to start out with, usually for 30 days. Meetings currently offering an Interim Sponsor service are listed in *italics*.

SCA NY INTERGROUP

Intergroup is an SCA NY central service committee established to carry out the business of the fellowship. Intergroup meetings are held at the Center from 3-5pm normally the second Sunday of each month, rescheduled for major holidays. Everyone is welcome to attend and elected meeting representatives (one from each group) may vote. Intergroup meeting representatives when elected are asked to please identify themselves to the Intergroup Secretary.

Intergroup Secretary: IgrpSec-NY@sca-recovery.org

DONATIONS TO INTERGROUP

Groups are encouraged to donate their surplus funds beyond rent, a prudent reserve, and other expenses to Intergroup. Please indicate the name of the group making the donation and the month(s) for which the donation is being made. Send checks (payable to SCA Intergroup) to this address:

SCA Treasurer
SCA New York
P.O. Box 1753
Old Chelsea Station
New York, NY 10113

MEETING LIST UPDATES

If your meeting has changed its time/name/format or location, etc., let us know! The most current meeting list is available online at the SCA NY website, updated constantly throughout the year. The list is also printed every three months (Jan./Apr./July/Oct.) for distribution at SCA NY Intergroup meetings of these months. The deadline for changes to the *printed* copy of this list is the Wednesday prior to these Intergroup meetings, at noon.

Send meeting updates to: SCAmeetinglist@gmail.com

SCA

SEXUAL COMPULSIVES ANONYMOUS NEW YORK

Meeting List Updated Feb. 24, 2010

STATEMENT OF PURPOSE

Sexual Compulsives Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from sexual compulsion. The only requirement for membership is a desire to stop having compulsive sex. There are no dues or fees for SCA membership; we are self-supporting through our own contributions. SCA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sexually sober and to help others to achieve sexual sobriety. Members are encouraged to develop their own sexual recovery plan, and to define sexual sobriety for themselves. We are not here to repress our God-given sexuality, but to learn how to express it in ways that will not make unreasonable demands on our time and energy, place us in legal jeopardy – or endanger our mental, physical or spiritual health.

NEWCOMERS

If you are new to SCA, welcome. It is suggested that those new to the fellowship attend six different meetings within your first two weeks before deciding if SCA is right for you. Meetings have different sizes, topics, formats, and different people. Newcomers are encouraged to attend meetings listed as 'Beginners' meetings in order to familiarize yourself with the program, however you are welcome to attend *any* SCA meeting at any time. We are glad you are here. Keep coming back.

MONDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
12:00pm	4th Step	The Center
4:15pm	Living Sober	The Center
5:45pm	Unsafe Sex (G)	The Center
6:30pm	<u>Regular Meeting</u>	GMHC
8:15pm	Beginners Step *	St Ignatius Episcopal
9:00pm	<i>Sharing Towards Recovery</i> * - Chip (1 hr)	The Center

TUESDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
12:00pm	Literature Round Robin	The Center
6:15pm	Feedback for Recovery (G)	Holy Trinity Rectory
6:30pm	Beginners Tools * (new time)	St. Veronica's
6:30pm	<u>Regular Meeting</u> (1 hr)	GMHC
8:00pm	Step Writing & Sharing (G) (1 hr)	GMHC

WEDNESDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
12:00pm	Step Meeting Round Robin	The Center
5:45pm	Romantic Obsession	GMHC
7:00pm	<u>Beginners Meeting</u> *	GMHC
9:00pm	Porn/Internet/Phone Sex (G) (1 hr)	The Center
10:45pm	Late Night Meeting (G) (1 hr)	Times Square Arts Ctr

THURSDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
12:00pm	Literature Round Robin	The Center
5:45pm	<u>Topic Meeting</u> (Open)	GMHC
6:15pm	NEW: First Things First -Round Robin (1 hr)	Jan Hus Church
7:30pm	Step/Tradition Meeting	The Center

FRIDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
12:00pm	Round Robin	The Center
5:45pm	<u>Beginners Meeting</u> * (Open) Chip	The Center
6:00pm	Topics in Recovery (now 1 hr)	GMHC
6:00pm	Sex Without Shame (G)	GMHC
7:30pm	Healthy Sexuality (G)	The Center
10:45pm	Late Night Meeting (G) (1 hr)	Times Square Arts Ctr.

SATURDAY

7:30am	First Things First (G) (1 hr) Chip	St. Vincent's
2:30pm	Committed Relationships (G)	The Center
6:00pm	<u>First Step Meeting</u> * (Open)	The Center
7:45pm	Characteristics Meeting	The Center
10:45pm	Late Night Meeting (G) (1hr)	Times Square Arts Ctr.

SUNDAY

12:30pm	<u>Intimacy Meeting</u> (Open)	The Center
5:45pm	Sex, Drugs and Alcohol (G) (Open)	The Center
8:30pm	Regular Meeting	St. Vincent's

- * Beginner meeting. (Please feel free however to attend *any* SCA meeting!)
- Italics* Meetings with an Interim Sponsor Coordinator.
- Bold** Meetings that need support.
- (G) Graphic sexual language permitted.
- Chip Anniversaries chips are given out in these meetings.
- Underline Large meeting - 20 or more persons on average.
- (Open) All those interested in attending "open" meetings are welcome: friends, partners, guests, therapists, etc. **All other SCA meetings are "closed"** ... meaning attendance is limited to those who are, or who think they might be sexually compulsive. Please respect our anonymity.

MANHATTAN

The Center
208 West 13th St.
(Between 7/8th Ave)
Room numbers listed at front desk. Open after 5pm on holidays.

GMHC
119 West 24th St
(Between 6/7th Ave)
Room listed at front desk.
Closed all day on holidays.

Holy Trinity Rectory
213 West 82nd St.
Between Broadway & Amsterdam

Times Square Arts Ctr.
303 W 42nd St, Rm. 404
Just west of 8th Ave.

Jan Hus Church
351 East 74th St.
Between 1/2nd Ave.
Room 101
(1st Thursday in kitchen)

St. Ignatius Episcopal
552 West End Ave.
at 87th St.
Entrance btw. 86th & 87th
Ring Library Only buzzer.

St. Vincent's Hospital
170 West 12th St.
Note: as of Sept. '09, the O'Toole building is closed.

St. Veronica's
155 Christopher Street
Basement meeting hall.

OUTER BOROUGHS

There are no SCA meetings yet in the Bronx, Brooklyn, S.I., or Queens. 'How-to' instructions on starting a new meeting can be found on the SCA NY website.

PHONE / ONLINE MEETINGS

At the moment there are no SCA phone or online meetings. We are hoping to start these, please talk to an Intergroup rep.